



# WEST PLAINS DISTRICT



## EXTENSION NEWSLETTER



**THANK YOU FOR YOUR SUPPORT!** 



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WEST PLAINS DISTRICT  
 OFFICE HOURS  
 MONDAY - FRIDAY  
 8 AM - 5 PM

LUNCH HOURS EXCLUDED AND SUBJECT TO CHANGE

#### FINNEY

☎ 620-272-3692

ANTHONY REARDON  
 JENNIFER LASALLE  
 RENEE TUTTLE  
 TABITHA WHITTEN

#### SCOTT

☎ 620-872-2930

CAROL ANN CROUCH  
 JANET HARKNESS  
 COZETTA O'DEA  
 KAY HARKNESS



# WEST PLAINS DISTRICT

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## DATES TO KNOW: ONGOING

- **September 2nd-December 16th:** Extension Master Gardener Training. Thursdays. 1:00pm-4:00pm.

## DATES TO KNOW: NOVEMBER 2021

- **November 2nd:** Scott New Families Meeting. 6pm.
- **November 2nd:** Scott Club Leaders Meeting. 7pm.
- **November 3rd:** K-State Garden Hour: Winter Interest. Webinar. 12pm.
- **November 4th:** Galactic Quest STEM Lab in Finney County. 6:30pm
- **November 6th:** Barn Quilt Workshop. Scott County. 10am. Scott County Community Building
- **November 7th:** Dog Obedience Training. 2pm. Scott County. Carpenter Building
- **November 9th:** Galactic Quest STEM Lab in Scott County. 6:30pm
- **November 11th: Offices Closed for Veteran's Day**
- **November 12th:** Finney County SCHICK Counseling
- **November 15th:** Fall Arts and Crafts (4-H) in Scott County. 6:30pm. Carpenter Building
- **November 16th:** Finney County New Families Meeting. 6:30pm.
- **November 17th:** Live Well Wednesday. Webinar. 12:15-1:00pm.
- **November 18th:** Fall Arts and Crafts (4-H) in Finney County. 6:30pm. 4-H Building
- **November 21st:** Finney County Achievement Banquet/Club Officer Training/4-H Council Meeting. 1pm. 4-H Building
- **November 22nd:** Finney County Cloverbud Club
- **November 25th-26th: Offices Closed for Thanksgiving Holiday**
- **November 29th:** Finney County SCHICK Counseling
- **November 30th:** Scott County Cloverbud Club

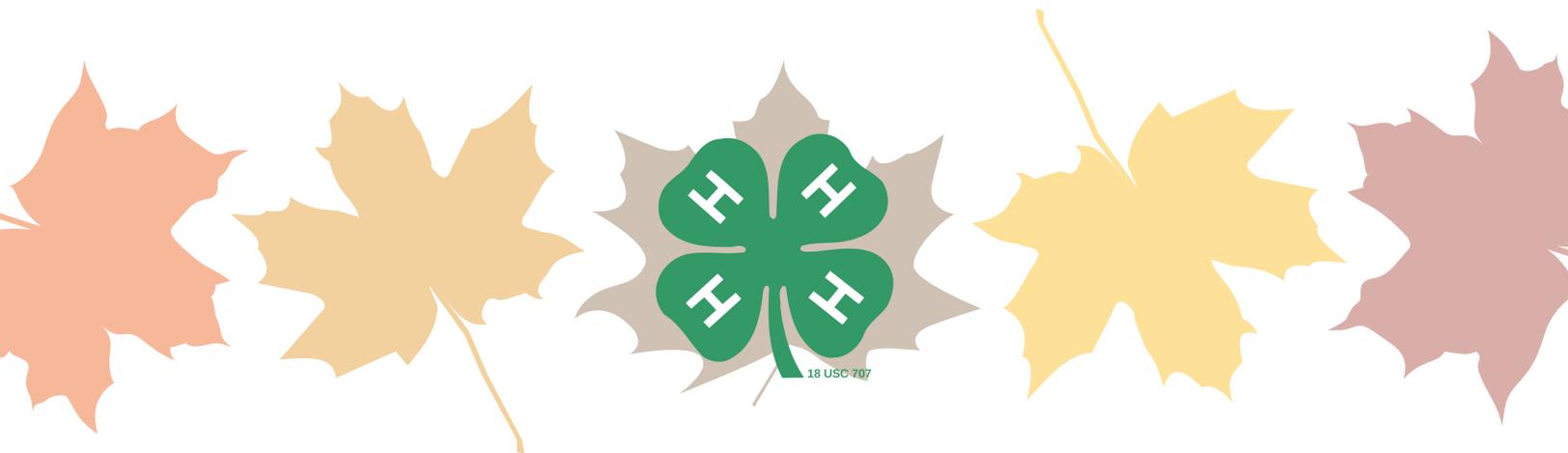


## DATES TO KNOW: DECEMBER 2021

- **December 5:** Dog Obedience Training. 2pm. Scott County. Carpenter Building
- **December 8:** Live Well Wednesday. Webinar. 12:15-1:00pm.
- **December 24th - January 1st: Offices Closed for the Holidays**

## DATES TO KNOW: 2022

- **January 6th:** Calving School: Lakin
- **January - February 2022:** Cropland Risk Management Series for Women in Agriculture: Garden City
- **February 9th - 11th, 2022:** Women Managing the Farm Conference: Manhattan, KS
- **March 4th & 5th, 2022:** Ag Women of the Heartland Annual Conference: Garden City





CAROL ANN CROUCH  
DISTRICT DIRECTOR  
FAMILY & CONSUMER SCIENCE  
CCROUCH@KSU.EDU



# FROM THE DESK OF THE *Director*

**Happy Holidays** and **greetings** from the West Plains Extension Office! I feel as if we are officially in the Holiday Season now that it is November! In my opinion, once November hits, time slides by so fast. We look forward to Thanksgiving, spending time with family and friends, and then we are in the frenzy of Christmas. And I can't wait!!!!

We have been busy as always, getting back into the pre-COVID groove. **Agents are starting to program in our schools and communities again**, so watch for events that will be happening in our district.

As you already know our West Plains Extension District newsletter is packed full of great information for the month. Our Horticulture Agent, Anthony, has been busy working with the **Extension Master Gardener Program** through K-State Research and Extension. He hopes to start a Jr. Master Gardener program in the near future. Renee, our Ag and Natural Resource agent has been busy setting up **meetings and programs for the producers in our district**. She is a wealth of information and willing to help with all aspects of Extension.

Our 4-H Agent Janet has been busy, with October being the start of our new 4-H year. **It is never to late to join 4-H**. If you know of a youth ages 7-9 who would be interested in 4-H, give either office a call. We would love to visit with you about 4-H. 4-H is more than cakes and cows. Did you know that Janet offers many **STEM programs** too? She does!

Jennifer, the Health and Wellness agent, is helping folks with lifestyle changes through her **Stay Strong Stay Healthy program**. I know she has several others in the works, so watch for more information with that.

Me, I try to keep all the paperwork done, help Janet with 4-H, and I have been lucky enough to **start programing again in the schools**. With our district, we have **many exciting opportunities** that we will be sharing in the future. If you have a need for an agent to speak at an event, class or group, please give us a call. We would love to share our passion of teaching others researched based programs. **Enjoy your Thanksgiving**, and we will visit next month.



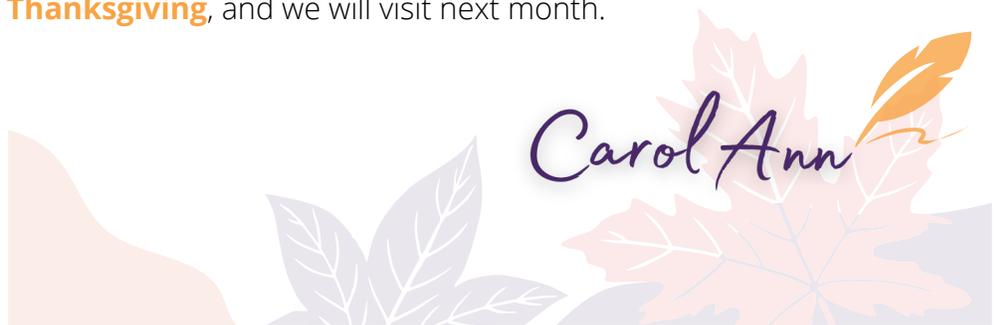
ARE YOU A YOUTH  
(AGE 16+) THAT IS  
INTERESTED IN SERVING  
YOUR COMMUNITY  
THROUGH LEADERSHIP?

## Apply for the 2022 Program Development Committee Youth Ambassador Program!

Serving as a Program Development Committee (PDC) Youth Ambassador is an opportunity for youth who have an interest in helping their local communities and would like to develop their personal leadership skills. Working alongside the Extension Agents and PDC members, the Youth Ambassador will serve an integral role in identifying needs of the local community, developing programming activities, and sharing the resources available through the West Plains Extension District.

For more information and for the application, visit <https://bit.ly/3mXG40N>

Applications due 12/10/21.





# REMINDERS FOR THE HOLIDAY SEASON

**There is lots to be done between now and the holiday season.**

- If you have a child that will be attending college next year, **be sure to fill out the FASFA.**
- If you are traveling, make sure your car has been recently serviced.
- If you **order your Christmas cards**, you might think about doing that sooner rather than later.

• With all the speculation on whether there will items on the shelves for the holidays, **you might want to rethink what you are giving and how much you are willing to spend.**

• **Purchase your holiday baking ingredients early**, so that when you have spare moments, you can get some of it done ahead of schedule.

• It's also a great time to clean up your patio furniture and get it put away before the winter sets in.

• Might not hurt to **change your furnace filter** if you haven't or even have it serviced.

• **Change the batteries** in your carbon monoxide detector and smoke detector and if you don't have them both, to get them.

## OLDER ADULTS AND THE HOLIDAYS

With the holiday season, we often have **older adult visitors**. It's important to include them in your family gatherings even though sometimes it can be difficult to accommodate them in your homes. **The most important task is to make them feel welcomed** by allowing them to participate in your gathering by having them either help plan the event or even part of the menu.

There are a **few other easy tasks that can be done to help keep an older adult safe while visiting your home**. Make sure all the rooms are properly lit. Move furniture around or remove furniture in rooms that someone that has difficulty walking to ease their movements. **Pull up throw rugs and keep pathways clear**. Remove any clutter from around walkways. In the bathrooms add temporary grab bars. Be mindful of pets underfoot.

**As another safety precaution**, never serve home canned goods to older adults if they have not been properly canned using a researched based recipe. Actually, you shouldn't serve it to anyone. Keep small children from underfoot of older adult guest and **insure a space to retreat to if they need some rest or quite time**. Offer lean meat as an option for their digestive system. Have a designated space for medications.

**Set aside time to listen to stories** of the past whether they are holiday related or just family's memories. With the smart phones today, **be sure to record those stories.**





**ANTHONY REARDON**  
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# WINTERIZING YOUR LANDSCAPE

November here, your landscape work for this growing season should finally be close to a place where it is winding down. Leaves are falling. Lawns are going dormant. Perennials are receding to their crowns, waiting for the spring to burst back to life. But, even still, **there are still some tasks that can help your gardens and landscapes down the line.**

When it comes to gardening, **winterization can be a crucial aspect of plant care** that can **save you from many costly losses.** Be it trees or shrubs killed from winter desiccation, or sprinkler systems not properly prepared for a freeze, there are steps that you'll want to take to protect your gardens for the onset of winter.

Some smooth and thin-barked trees, particularly those planted within the last year, will be susceptible to **a condition known as sunscald** during the winter. This occurs on the south or southwest side of a tree's trunk, and is caused by sunlight bearing down on a specific spot all day. With the sun warming that area, the bark thaws. When the sun goes down, the thawed bark is then left to freeze again resultantly rupturing the cells of the plant. **This causes large, sunken, and discolored lesions to form on the tree** with exposed wood that is open for pests and disease to take over.

**Prevent sunscald by using a light-colored, aerated, tree wrap.** In October-November, cover the trunk and exposed branches of any tree that you think may be susceptible. These wraps help with dispersing heat from sunlight, **preventing the thaw of a bark area during the winter.** When March rolls around and temperatures begin to rise again, the wraps can be removed.



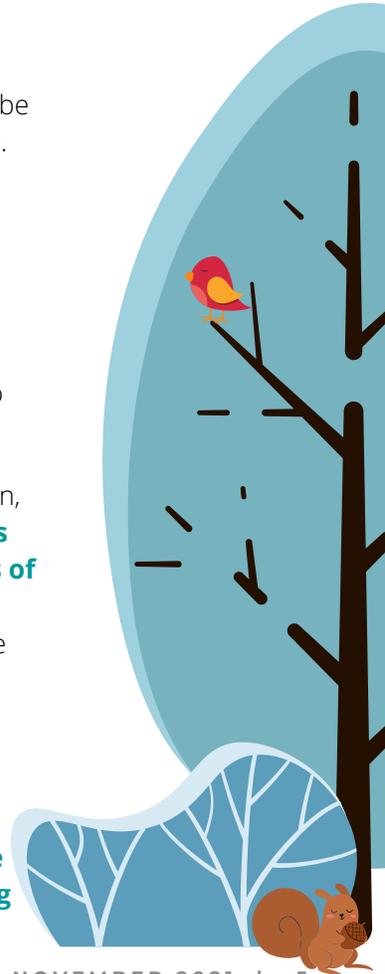
Similar to tree wraps, **you may see many tree guards** on the market at the moment. These are another tool utilized for protecting trees in the winter, with the different purpose of **protecting from wildlife.**

The bark of your trees contains the xylem and phloem where **nutrients and water are moved throughout your plant.** During the winter months, the ground will be frozen. Water sources will be frozen. Many landscape plants will be barren. If it's a dry winter, these conditions will be intensified. Wildlife find a means to sustain themselves in these conditions regardless, and sometimes, this equates to them **eating the bark off of your trees to obtain the nutrients** moving through them.

Tree guards do exactly as their name suggests and guard from this type of damage. If you suspect your wildlife will be struggling throughout the winter, **implement these guards to protect your plants** (there are many different types available) and then consider incorporating some feeders to help your wildlife as well.

Another common condition is that of **winter burn.** Usually seen on boxwood, holly, rhododendron, and conifers, winter burn occurs when the ground is frozen or dry and **desiccating winter winds** come through an area. As these dry winds come through, water is literally **pulled out of the cells of your plants** through their stomata. With no water coming into the plants to replenish these cells, **the cells themselves shrivel and die.** The appearance of this takes the form of yellow or orange dieback.

**Burlap helps prevent winter burn.** Using t-posts, you can make a **triangular screen** around plants, or you can simply **wrap the entirety of the plant** in the cloth. This will shield your plants from the wind, enabling the retention of water. Wrapping your plants in such a way will not only protect from just winter burn, but it can have the added advantages of **preventing deer damage from feeding, preventing sunscald, preventing heavy snow damage, and even preventing frost damage.**



Many gardeners ask me if they need to mulch to protect their plants during the winter and the answer to this can be murky. **Where Kansas is geographically located suggests that, in typical weather conditions, most perennials are not going to get so cold during the winter that they succumb and die.** The ground temperatures do not reach a point where the crowns are killed. That said, further insulating plants with mulch can assuredly benefit plants, so long as the mulching is done correctly.

Use no more than **three-inch layers of mulch**, as any thicker can create a **barrier for winter moisture** getting to the ground. This can also instigate **mold diseases**. Wood mulch is best, as hay or straw tend to carry large amounts of weed seeds that will then create a different issue for you down the line.

Another topic in the realm of murky winter care in Kansas is **roses**. While most that are grown here are hardy enough to survive the winter, there **may be some select teacup varieties that can use some help**. For these, it is recommended that the top one third of the plant is pruned away to make it more compact. Then, **mound 8-10 inches of mulch at the base of the plant to insulate**. When the ground freezes, additional mulch can be added. This can be removed when growth begins to resume in the spring.

No plant can survive without water, and winter is not an exception to that. **Much of the damage that you see on plants in the spring is due to underwatering in the winter**, and this is why it is important to give your plants a drink on the winter days where it is **above freezing, and the ground is not frozen**. Be sure to disconnect and drain your hoses after use, as this will protect your pipes from bursting and your hose from retaining damage.

If your home has a **sprinkler system**, the recommendation for shutting it down is mid to late October. Not doing so, you **run the risk of not only damaging the pipes, but the valves and heads as well**. This can quickly become costly. **Drain your system, or have a professional blow it out, being certain the proper valves have been opened and closed**. If you have a PVB (pressure vacuum breaker) that is exposed to the elements, consider wrapping it in **housing insulation and duct tape** to protect the component from freeze damage. Properly maintained, **your system AND your plants will be in good shape next spring**.

## NOVEMBER GARDEN NOTES



As soon as **garden chrysanthemums** are done flowering, you may cut the plants back to 2 to 3 inches high. Some gardeners prefer to leave the top growth so that it provides some protection from fluctuating soil temperatures. **If you choose to cut the tops off**, apply a layer of mulch over the top of your mums after the ground has frozen or if the forecast calls for a sharp drop in temperature. Mums **should not completely dry out during the winter**. It may be necessary to water occasionally if sufficient rain or snow has not fallen.

Hoses and shallow irrigation lines may be **damaged over the winter if water is not drained**. If there is a main shut-off valve for the system, **close it and then run through the zones to make sure any pressure has a chance to bleed off**. Lawn irrigation systems usually have shallow lines. Though some lines may be self-draining, check to be sure there are no manual drains. **If manual drains are present, they should be opened**. Be sure to map them so they can be closed next spring before the system is pressurized. If there are **no manual drains the system should be blown out** with an air compressor. Lawn irrigation companies often offer this service. Drain hoses by **stretching them out and coiling them** for storage. Water will drain as you pull the hose toward you for coiling. Store in a protected place. UV light can make hoses brittle over time. (Ward Upham)





# TURKEY HOW MUCH & HOW TO



It's **November** and that means **Thanksgiving is just around the corner**. Thanksgiving is one of the biggest holidays of the year. It's a time for gathering with family and friends and enjoying a bountiful meal, but most of all it is a time to be **grateful** and **thankful** for the many **blessings** enjoyed throughout the year. If you are having a small gathering or a large gathering or whether you are a pro or a first timer it can be stressful in preparing the Thanksgiving Feast. If turkey is on the menu follow these practices to insure a **safe Thanksgiving turkey**.

## JENNIFER LASALLE

AGENT  
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WELLNESS  
JLASALLE@KSU.EDU

### How Much to Buy:

Use the following chart as a helpful guide to determine how much turkey you need.

- **Whole Bird:** 1 pound per person
- **Boneless turkey breast:** ½ pound per person
- **Turkey breast:** ¾ pound per person
- **Pre-stuffed frozen turkey:** 1 ¼ pounds per person-keep frozen until ready to cook

### Thawing your turkey:

This is one of the most important steps in preparing your turkey. There are three safe ways to thaw a turkey.

#### Thaw in the Refrigerator:

Allow **24 hours of thawing for every 5 pounds** of turkey.

- 4-12 pound turkey = 1 to 3 days
- 12-16 pound turkey = 3 to 4 days
- 16-20 pound turkey = 4 to 5 days
- 20-24 pound turkey = 5 to 7 days

**Once completely thawed, cook within 1 to 3 days.**

#### Thaw in Cold Water:

Place breast side down in its unwrapped wrapper in enough cold water to completely cover. Change water every 30 minutes to keep surface cool. Allow 30 minutes for every pound of turkey.

- 4-12 pound turkey = 2 to 6 hours
- 12-16 pound turkey = 6 to 8 hours
- 16-20 pound turkey = 8 to 10 hours
- 20-24 pound turkey = 10 to 12 hours

**Cook immediately after thawing.**

#### Thaw in the Microwave oven:

Check your microwave's instruction book. Cook immediately after thawing.

### Don't wash turkey:

USDA does not recommend washing raw meat and poultry before cooking. Washing raw eat and poultry can cause bacteria to spread up to three feet away. Cooking meat and poultry to the right temperature kills any bacteria that may be present, so washing meat and poultry is not necessary.

### Cooking the turkey:

Cooking a turkey has become an art. There are several different ways to cook a turkey; grilling, smoking, deep frying, and roasting to name a few. Always use a meat thermometer to determine doneness. A whole turkey should be checked in three locations: the innermost part of the thigh, the innermost part of the wing, and the thickest part of the breast. Your thermometer should register 165 F in all three of these places.

### Brining a turkey:

Brining a turkey is a great technique to give the bird flavor and moisture. Brining can be combined with any other cooking method.

### If you have questions about your Thanksgiving dinner:

Call the USDA Meat and Poultry Hotline at 1-888-MPHotline (1-888-674-6854) to talk to a food safety expert.



# GRATITUDE IS THE BEST ATTITUDE

The **ideas behind Thanksgiving** make it one of our most **universal and important holidays**. Without question, living the spirit of Thanksgiving is good medicine for our bodies, souls, and communities. Fortunately, an appreciative attitude doesn't cost anything; and while there are lots of side effects, every one of them is wonderful. **MK Mueller**, author of the **"8 to Great" program**, states that the easiest way to feel good is by being grateful. **Gratitude is "a feeling of appreciation for something or someone"**. Practicing being grateful leads to a happy, healthy, and fulfilled life.

A study done by Dr. Michael McCullough found that people who regularly practiced being grateful had **positive affects** in every area of life, such as: having **more energy and vitality**, were more **optimistic**, more likely to **reach personal goals**, were more **alert**, more **enthusiastic**, more **generous**, and reported **positive mental health**. Gratitude is extremely powerful because it has an immediate effect on our attitude.

Chances are you're pretty good already at practicing an attitude of gratitude. **The "8 to Great" program** suggests writing down **three things you are grateful** for from the past twenty-four hours. Continue this every day with no repeats. If you forget, no worries, forgive yourself for forgetting, be grateful you remembered, and have hope that you'll remember better next time.

**Thanksgiving is the practice of choosing to think about our blessings.** It's a time to be appreciative of family, friends, health, and peace. It is also a time to remember the small amenities in life that we sometimes take for granted. Our thoughts are like mental magnets. Whatever we dwell upon, we tend to draw to us. As we apply this principle, it follows that one of the best gifts we can give to ourselves, our families, and our world is developing the habit of **positive thinking**, and positive thinking is fostered by **being grateful**.

As our skill in practicing the **"gratitude attitude"** grows, we begin to see more clearly what is good and beautiful in other people, in ourselves, and the world around us. Make it a priority for you and your family to practice the daily gratitude's and **carry the spirit of Thanksgiving** with you on a daily basis.

*"When a person doesn't have gratitude, something is missing in his or her humanity. A person can almost be defined by his or her attitude toward gratitude."  
-Elie Wiesel*



**LIVING WELL WEDNESDAY IS A VIRTUAL LEARNING SERIES HOSTED BY FAMILY AND CONSUMER SCIENCE (FCS) PROFESSIONALS WITHIN K-STATE RESEARCH AND EXTENSION.**

Contact us at [livingwell@ksu.edu](mailto:livingwell@ksu.edu) for questions or visit our website: <https://bit.ly/KSRELivingWellWebinars>

## STRESS LESS:

*Celebrate Self-Care Through the Holidays!*

Do the holidays stress you out? Join us to learn how stress affects your body and identify what your specific stressors are. Learn how to develop your personal self-care action plan that will help you get through the holiday madness.

**NOV. 17TH @ 12:15P-1P**  
(VIA ZOOM)

*Connect and Communicate Through the Holidays!*

Family dynamics can be difficult, particularly during the holiday season. Join us for a deep dive into communicating effectively with family members to reduce stress, create an inclusive environment and make the most of the holiday season.

**DEC. 8TH @ 12:15P-1P**  
(VIA ZOOM)



Use the QR code or link to register for the webinars.



<https://bit.ly/KSRELivingWell>

K-State Research and Extension is an equal opportunity provider and employer.



SHICK is here to offer you free and unbiased counseling about your Medicare choices, supplement options, and ways to afford your health care and medications.

## SHICK COUNSELING EVENT

**November 12 & 29, 2021**

**Starting at 8:00 a.m. 4:00 pm**

**By appointment only**

Appointments will take place at

**Finney County Extension Office**  
501 S. 9th St.  
Garden City, KS 67846

**Call to reserve your appointment today!**  
620-272-3670



Appointments will be scheduled in 1 hour sessions. Please arrive 15 minutes prior to your scheduled time. Make sure to bring:

- List of medications
- Your Medicare number
- Last year's plan information if you have it
- Medicare.gov login information (if you already have an account)

**K-STATE** K-State Research and Extension is an equal opportunity provider and employer. K-State Research and Extension is committed to making its services, activities, and programs accessible to all participants. If you have special requirements due to a physical, vision or hearing disability, let our office know when you call to make your appointment.



# FERTILIZER MARKETS

WHAT GOOD? THE BAD. AND THE REALLY UGLY.

**Sky-high fertilizer prices and lack of availability are top of farmer's minds today.** With **export bans and market trends off the charts**, many farmers don't know how to best prepare for next year's crop. While many agriculture retailers have pre-pay options available, many of those require early delivery, and if the farmer does not have a means to apply the fertilizer this fall, or store it until needed, they may find themselves in a tight spot.

While there are no "easy answers" for farmers as we move forward to next season, there are **some "good questions" to consider:** What are the current nitrogen (N), phosphorus (P), and potassium (K) levels available in the field? What are the minimum N, P & K application rates that would not cause a yield drag? Is fall anhydrous application an option, and if so, what is the optimum rate and will that be available for the crop to uptake in the spring?

The best place to start when answering these questions is by taking **soil samples of each field.** Sampling on a grid and variable rate fertilizer application are excellent options to consider. This is the year that the soil's "savings account" is going to come into play more than ever. By properly assessing soil health each season, reserves can be built in the "savings account" to prepare for years just like this one.

**Unfortunately, we do not see these trends shifting any time soon.** As we move forward to next season with a lot of uncertainty, be sure to look for continuous updates to help you better prepare for next season. (Resources: AgManager.info and DTN Progressive Farmer)

**RENEE TUTTLE**  
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## PARTNERSHIP SPOTLIGHT: FINNEY COUNTY FARM BUREAU PASTURE LABELING PROGRAM

### THE PROGRAM

Animals that stray from pastures can present a safety issue for both the general public and the animals.

The Pasture Labeling program, launched by Finney County Farm Bureau, provides an efficient means of identifying owners of strayed livestock.

This joint effort of the Finney County Farm Bureau and the Finney County Sheriff's Office provides producer identification and allows direct communication between 911 and the producer should their livestock stray from a fenced pasture.

The system can work for all types of livestock, including cattle, horses, sheep, goats, mules, llamas, ostrich, emus, etc.

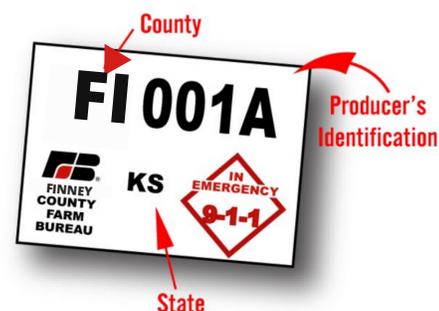
### HOW DOES IT WORK?

**1** The county Farm Bureau and local law enforcement agree to partner in this long-term project. The county Farm Bureau collects data provided by participating producers and is entered into a database. Information is confidential and provided to 911 emergency service.

**2** If livestock stray from a labeled pasture, law enforcement and passerby can contact 911 and relay the identification number listed on the producer's posted sign.

**3** 911 quickly identifies the identification number and contacts the livestock owner.

### THE FEATURES



Contact **Jennifer Gerber**, County Coordinator, for more information and to sign up for the program!  
**finneyfb@kfb.org**





# UPCOMING AGRICULTURE PROGRAMS



**2022 KSRE  
Calving School**  
1/6/22  
Lakin



**2022 Corn  
School**  
1/7/22  
Oakley



**Risk Management  
Workshop**  
1/12-2/2/22  
Garden City



**Cow/Calf Risk  
Mgmt. Workshop**  
2/23/22  
Scott City



**2022 Ag Women  
of the Heartland**  
3/4-3/5/22  
Garden City

Soon harvest will be complete, fall fertilizer will be applied and the equipment will be tucked away for the winter. We all know what that means---meeting season will be here! Below are a few dates to go ahead and get on your calendar:

- **January 6th:** Grant, Hamilton, Kearny, Stanton, Wichita, and the West Plains District (Finney & Scott) Extension, will be co-hosting the **2022 K-State Research and Extension Calving School** at the **Kearny County Fairgrounds**. Calving School will include information and a hands-on demonstration by Dr. A.J. Tarpoff of proper calving techniques using a full-size calving demo model. We will also be discussing forages and cow nutrition focused on energy demands. More details and registration coming soon!
- **January 7th:** The K-State Department of Agronomy and K-State Research and Extension, in partnership with Kansas Corn, are planning to host several **Corn Schools in 2022**. **January 7th** will be hosted in **Oakley** and **February 3rd** will be **virtual**. Details on speakers and topics will be coming soon. Stay tuned to future eUpdates for more information! (eupdate.agronomy.ksu.edu)
- **January 12th/19th/26th/2nd:** Kearny, Wichita, and the West Plains District (Finney & Scott) Extension, will be co-hosting the **Cropland Risk Management Workshop Series for Kansas Women in Agriculture** at the **Finney County Fairgrounds**. This is a four-part series that will cover enterprise budgets, crop marketing, crop insurance, farm bill programs, mental health, and family communication. Space will be limited as to facilitate interaction and hands-on learning experiences. Be sure to keep an eye out for early-bird registration coming soon!
- **February 23rd:** Kearny, Wichita, and the West Plains District (Finney & Scott) Extension, will be co-hosting the **Cow/Calf Risk Management Workshop** at the **Wm. Carpenter 4-H Building** (Scott County Fairgrounds). This workshop will focus on cow/calf enterprise budgets, cattle marketing, and insurance options. Registration will be coming soon!
- **March 4th-5th:** The **7th Annual Ag Women of the Heartland Conference** will be held March 4th-5th, 2022 at the **Finney County Fairgrounds**. On Friday, we will be presenting "Beef, Beverages & Barn Quilts" and on Saturday, we will be presenting farm management workshops covering lease laws, grain marketing, and stress management. Details coming soon!

## KANSAS AGRICULTURE PRODUCERS URGED TO PARTICIPATE IN WEED MANAGEMENT SURVEY

K-State Weed Ecologist Anita Dille is asking for producers to participate in a survey that she says **will help with targeted weed control management strategies in the future**. **The researchers want to hear from anyone in the industry, including farmers, crop consultants, and advisors.** "We're really intrigued with getting a better handle on what our producers are seeing and what we're missing," Dille said. The survey can be accessed by visiting: <https://ksre-learn.com/weed-control-survey>.

**TAKE SURVEY**



# 4-H DISTRICT ROUNDUP



**JANET HARKNESS**  
AGENT  
4-H & YOUTH  
DEVELOPEMENT  
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Thank you to all of our stakeholders for completing the West Plains 4-H Needs Assessment! We received a lot of wonderful feedback from youth, club leaders, volunteers and parents! With 45 respondents, the report came out to be 15 pages long and included:

What West Plains 4-H Does Best!	What West Plains 4-H will be working on in 2022!
<ul style="list-style-type: none"> <li>• The Agents!</li> <li>• Family Friendly</li> <li>• New Project Offerings</li> <li>• Youth Experiences</li> <li>• Community Roots</li> </ul>	<ul style="list-style-type: none"> <li>• Communication</li> <li>• Organization</li> <li>• Volunteer Development</li> <li>• Learning Opportunities &amp; Activities</li> <li>• Local &amp; State Record Book Training</li> <li>• Presentation Trainings</li> <li>• Clinics</li> <li>• Increased Youth Leadership</li> </ul>

You also shared with us that weeknight and school holiday programming events work best for your schedules. 1-2 programs per agent per month are ideal. Communication is key and using a combination of email and text messages help to reach you wherever you may be!

Thank you for your feedback, please be on the watch for different opportunities to meet your 4-H needs! As always, give us a call, email, text or visit to let us know how we can better help you!

*- Janet*

**BLAST OFF WITH 4-H!**

**THE ADVENTURE BEGINS:**  
**NOVEMBER 4 - FINNEY COUNTY, 6:30PM**  
**NOVEMBER 9 - SCOTT COUNTY, 6:30PM**

*4-H is going to the dogs!!*

Dog Obedience Training for 4-H members and their best friends!

All practices to be held at 2pm on the following days:

- October 10 - Carpenter Building
- November 7 - Carpenter Building
- December 5 - Carpenter Building
- January 9 - Carpenter Building

For more info, please contact Janet at 620-872-2930 or [jlp27@ksu.edu](mailto:jlp27@ksu.edu)

K-STATE Research and Extension West Plains District

**4-H**

**FALL ARTS & CRAFTS**

Join us for  
**Fall Inspired Visual Arts Projects!**  
**Cost is \$5/youth.**

6:30-8PM  
 NOVEMBER 15, SCOTT COUNTY, CARPENTER BLDG  
 NOVEMBER 18, FINNEY COUNTY, 4-H BLDG

YOU'RE INVITED TO THE WEST PLAINS 4-H DISTRICT- FINNEY COUNTY

**ACHIEVEMENT BANQUET**

SUNDAY, NOVEMBER 21 2021 @1:00 PM  
 4-H BUILDING

Meal and Awards during banquet  
 Club Officer Training following banquet

# ACTIVITIES ROUNDUP

4-Her's were busy this month with National 4-H Week October 3rd- October 9th and other community involvements. 4-Hers were involved with radio interviews, potato sales, Clover Buds, beautification of the Finney County Extension office, water stations at Leave a Legacy 5K, record book completion, sewing class, Paint Pour Class, Club Officer Elections, and welcome to our new and returning 4-H Ambassadors Kayla George, Grady Gleason, Abby Elam, Austin Elam, Baylee Hutcheson, and Adam Cook! Thanks for a great adventure at Escape the Clock!



## 48 Hours of 4-H





## SHERLOCK STRIVERS

The September meeting of the Sherlock Strivers 4-H Club was held Sunday September 12, 2021 at 6 pm at Holcomb Elementary School. The meeting was held a week late because of Labor Day Weekend. The meeting was called to order by President Adison George. Roll call was answered with "How long does it take you to get to school?" Roll call was followed by the Pledge of Allegiance and the 4-H Pledge. Members voted to have a float in the Holcomb Homecoming Parade on September 18, 2021. Members also voted to participate in National 4-H Week by handing out color sheets and crayons at the Holcomb Elementary Schools, the first week of October. Club members also voted to sell potatoes the first week of October as a club fundraiser. Sherlock Strivers will also help Beacon Boosters 4-H Club man the water stations for Leave a Legacy on October 2, 2021. Election of officers was held. Officers for the 2021-2022 4-H year will be: President Adison George; Vice Presidents Austin Elam Abby Elam, Kayla George, Halle Jones; Secretary Morgan Hammond; Treasurer Maddy Schreiber Vogel; Reporter Historian Rylan Wallace; Song/Rec Leaders Makay Hammond, Karlie Kathman, Paislea Cogan; Parliamentarian Paige Jones; 4-H Council Rep Kendrick Wallace; Leaders Delaina Hammond, Jennifer Jones, Jill George. Members were reminded that Record Books are due at the next meeting on October 3, 2021 at 6 pm. Meeting was adjourned. Submitted by Kayla George, Reporter



## WIDE AWAKE

The September 13, 2021 meeting of the Wide Awake 4H Club was called to order at 7:19PM at the fairgrounds grandstand meeting room with 16 members and 8 parents present. There was no reporters or parliamentarian report/tip. Treasurer's report was given. Leaders reported record books are due Oct 4. Due to leaders Sept. 27. KAP form was discussed. No old business. New business was Election of Officers. Election of Officers: President Anna Lobmeyer, VP1 Emma Lightner, VP2 Mitch Lehman, VP3 Anna Schmeackle, Secretary Jaylee Speer, Treasurer Reece Frick, Historian Jenera Arderly, Reporter Madelyn Waggoner, Parliamentarian Jill Schmeackle, Song leaders Katie Lobmeyer and Macy Hands, Recreation leaders Jade Arderly, Gentry Hands, Harvick Sowers, 4H Council Macy Hands and Lauren Lightner. Meeting adjourned at 8:25PM Jaylee Speer Secretary Wide Awake 4H Club. Notes take by Emma & Lauren Lightner



## BEACON BOOSTERS

The Beacon Boosters September meeting was held on September 27th at the 4H building. The club talked about participating in the Veterans Day Parade on 11-13-21, it was agreed Beacon Boosters will be in the parade and will make posters at the next meeting. 4hers learned about what the duties of the President are. 4hers discussed having stations for fair projects to teach younger 4hers more about projects, will further discuss ideas at the next meeting. The next meeting will be held October 25th at 6:00 pm at the 4-H building.



## FINNEY FLYERS

The Finney Flyers meeting was called to order at 4pm Oct. 10th. Roll call of my favorite fall sport was answered by 9 members and 1 leader. Minutes for September were read. Kourtney moved to approve the minutes, Kayson seconded and motion passed. Treasurer's report: 2725.48. No reporter's report. It was announced our December meeting will be at the bowling alley at 4pm Dec. 5th. Members discussed the Veteran's Day Parade. Kourtney moved to take part in the parade. Kason seconded. The motion passed. Election of Officers: President Kourtney Cole, VP Aleah Eatmon, Sec Kennady Ramsey, Treasurer Kason Ramsey, Reporter Perry Horton, Council Rep Travis Oliver, Recreation Perry Horton, Song Leaders Adison and Maydison. Kourtney moved to adjourn the meeting. Motion Passed.



**K-STATE** |  **Scott County**  
Research and Extension

 *Club Reports* 

**LAKE WIDE AWAKE**

Lake Wide Awake 4-H Club reports they met in September, electing new officers and forming committees, heard project talks from RJ Olson about baking and dogs, discussed all of the upcoming events happening in the county and how members could get involved!

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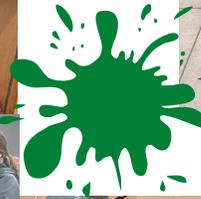


# ACTIVITIES ROUNDUP

Scott County 4-Hers were busy this month with National 4-H Week October 3rd- October 9th and other community involvements. 4-Hers were involved with radio interviews, record book completion, Paint Pour Class, Club Officer Elections, Showcase at the Scott Library, and the Pancake Feed.



OPEN  
LIBRARY



## SHOOTING SPORTS STATE COMPETITION RESULTS

### Senior Division:

Nathan LeBeau  
Trap 79th  
Sporting Clays 89th  
Overall 91st/142 Shooters

Wyatt Ricker  
Trap 40th  
Skeet 27th  
Sporting Clays 24th  
Overall 28th/142 Shooters

Waylon Ricker  
Trap 40th  
Skeet 33rd  
Sporting Clays 56th  
Overall 47th/142 Shooters

### Junior Division:

Kamdyn Moore  
Trap 29th  
Skeet 18th  
Sporting Clays 27th  
Overall 19th/52 Shooters

Rylan Wilkinson  
Trap 11th  
Sporting Clays 22nd  
Overall 25th/52 Shooters

