

WEST PLAINS EXTENSION DISTRICT

NEWSLETTER

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4-h'ers from Finney County and Scott County attended Camp Lakeside and Camp Wild Adventure..

4-H AMBASSADORS TURTLE RACES

When? Saturday, July 27, 2024
Registration starts at 2 p.m.
Entry fee: .50 cents per race

Where? The Showing

Guidelines

Turtles are to be labeled by race officials before the race begins.

Turtles should be dry.

Any turtle painted by any means WILL NOT be allowed to race. Turtles MUST be released in a safe place or can be turned over to race officials for release at the end of the race.

For more information, contact the
Finney Co. Extension Office, (620)
272-6370



OFFICE HOURS:
MONDAY - FRIDAY | 8 AM - 5 PM

FINNEY COUNTY OFFICE:
620-272-3670

SCOTT COUNTY OFFICE:
620-872-2930

OFFICE PROFESSIONALS:
COZETTA O'DEA & JESSICA LOPEZ



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UPCOMING DISTRICT EVENTS

SUMMER
2024

Print or screenshot this page to keep up to date with all of our upcoming activities!
(* indicates a pre-registration is required.)

JULY

- **7/3:** 4-H Buffalo Farm Trip Finney and Scott
- **7/15:** KS State Fair Grand Drive Entries Due
- **7/22-7/27:** Scott County Fair
- **7/22-7/28:** Finney County Fair
-

AUG

- **8/12:** 4-H Wheat Expo, Manhattan, KS
- **8/15:** KJLS Entries Due
- **8/17-8/18:** 4-H Livestock Sweepstakes, Manhattan, KS

Scott County Free Fair 2024 Wheat Show

Showcase your harvest by dropping off a gallon-sized, double bagged sample by July 5, 2024 to the Scott County Extension Office.

Include:

Variety
Name

Contact Information

Contact the Extension Office for questions, 620-872-2930

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West Plains
District

Finney County Fair 2024 Wheat Show

Showcase your harvest by dropping off a gallon-sized, double bagged sample by July 5, 2024 to the Finney County Extension Office.

Include:

Variety
Name

Contact Information

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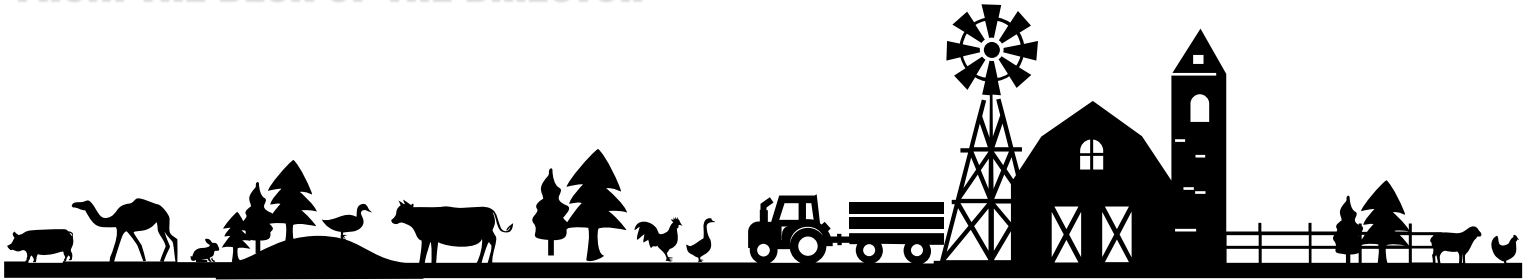


West Plains
District

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact West Plains Extension four weeks prior to the start of the event at 620-272-3670/620-872-2930. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request.

*Cover Headshot Photo Credit: AnneMarie Photography

FROM THE DESK OF THE DIRECTOR



Sound Living: Fair is near

It's July! And that means it's fair time and on behalf of the West Plains Extension District, the County Fair Boards and all its volunteers, we would like to invite you out to see what it's all about. Our counties have wonderful fairs and everyone in the communities should be proud of the events that they offer. You can see all the fair exhibits for free, including the horse and livestock shows. There is a charge for the special entertainment, but the 4-H events are all free. If you come out to the fair, please keep in mind some safety tips to make your visit more enjoyable. If you have children, please finish reading this column as we want them all to be safe.

If you visit the livestock barns, please watch your footing, there are rubber hoses lying around and other livestock equipment and we would not want you to trip. Also, if you open a gate, close the gate and leave it the same way that you found it. But most importantly, watch where you walking in proximity to the animals. Cattle are especially dangerous if you get to close, they can kick. Pigs can bite; they typically don't, but can. Just don't put your hand close to their face. Let your children pet them on the back. The sheep and goats are fairly safe, but just use caution. Never open a cage, pen or crate. Bunnies are cute, but can be dangerous should you try to hold them. They will scratch you if you don't properly handle them. If you choose to pet a critter, please make sure that you properly wash your hands and wrists with hot soapy water after handling the animal and especially before eating anything.

When visiting the exhibit buildings, please keep all children in hand. Many of these items on display are prized possessions of those who are gracious enough to share them with us and we would not want them to get broken. Items are not to be handled but to be looked at and enjoyed.

When attending an entertainment event, the public is allowed in the stands only, not behind in the area set aside for the entertainers.

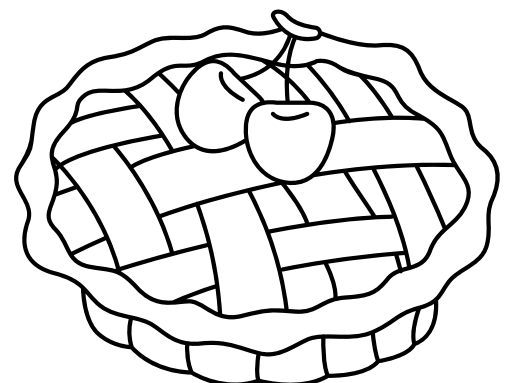
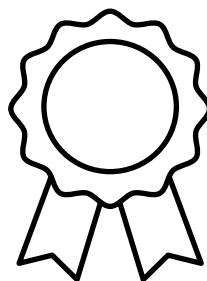
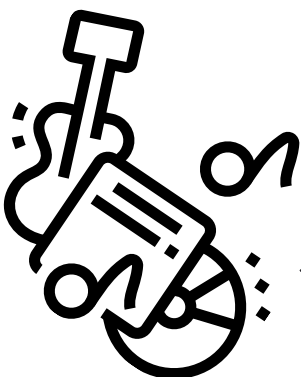
Heat can also be a concern, so please be prepared. Drink non-caffeinated beverages to stay hydrated. Water and other drinks will be available to be purchased at the concession stands.

There will be various organizations offering concessions at the fair, please plan on eating with these organizations as they are often working to fund a special program and the food is good.

There are many special events scheduled for this year's fair and I would personally like to invite you to attend. The Fair Boards work really hard all year long to make our fairs some of the best in Western Kansas. If you would like to be a part of the boards that work to make our local fair successful, reach out to your local fair board and express your interest. Each fair, Scott City Free Fair and the Finney County Fair have websites that have a schedule of all fair events. As you can see, we will be super busy at the fair, but if you make it out (and I hope you do) stop by and say hello, we would love to show you the 4-Hers hard work.

I encourage each of you to participate by entering an exhibit and by coming out and celebrating with us at the fair. The West Plains Extension Offices will be closed the week of fair, but you will find us out at the Fairgrounds. See you at the Fair!

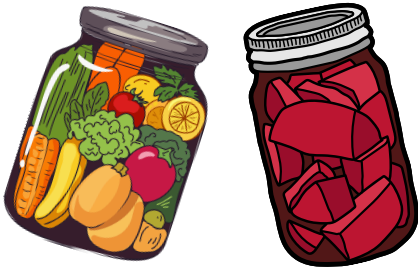
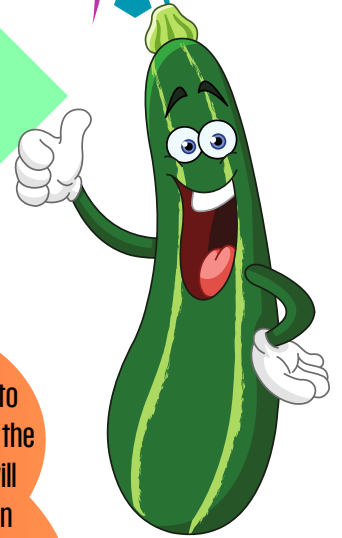
-Carol Ann





Great American Food Contest

“All Things Zucchini” is this year’s competition for the Great American Foods Contest at the Finney County Fair. Prepare a baked product using zucchini; such as muffins, cookies, quick bread or cake. Follow the guidelines in the Finney County Fair Book under “Great American Food Contest” section. Hope to see some delicious entries.



Get Canning Supplies Ready

Before long the fruits and vegetables in the gardens will be ready to pick. Now is the time to survey your canning supplies to prepare for the canning season ahead. Check your canner. The Extension Office will test canner gauges for accuracy at no charge. Also, look for 5% on vinegar. Read the labels of vinegar bottles to be sure it says 5% acidity on the label. This is important for the safety of all canned foods that use vinegar, including all pickles, salsa, and more.

It doesn't matter what month it is, Americans are sure to keep reaching for ice cream to satisfy their craving for a cool, creamy and satisfying treat.



July, National Ice Cream Month

I scream, you scream! We all scream for Ice Cream. July is National Ice Cream Month... as if Americans need a special time of year to celebrate their love for ice cream. There are many flavors of Ice Cream to taste and the hot month of July is the perfect time to indulge in this popular, delicious treat. In 1984, President Ronald Reagan along with Walter Dee Huddleston and the American Dairy association designated July as National Ice Cream Month and the third Sunday of the month as National Ice Cream Day. President Reagan recognized ice cream as a fun and tasty treat that is enjoyed by 90% of the nation's population.

According to the International Dairy Foods Association (IDFA), in 2023 the U.S. churned out 1.30 billion gallons of ice cream and has had a \$11.4 billion impact on the U.S. economy. The average American eats roughly 20 pounds of ice cream each year, or about 4 gallons. IDFA surveyed 2,200 American adults on their favorite flavor of Ice Cream. It is not surprising that Vanilla is at the top with chocolate and strawberry coming in as second and third top choices. New flavors such as butter pecan and cookie dough are becoming just as popular.

To be called ice cream, it must be made from dairy products such as; cow milk, creams, and nonfat milks. Also, it must contain at least 10 percent milk fat and weight at least 4.5 pounds per gallon.

Gelato is characterized by an intense flavor and is served in a semi-frozen state. Gelato contain sweeteners, milk, cream, egg yolks and flavoring.

Frozen Custard or French Ice Cream must also contain a minimum of 10% milkfat, as well as at least 1.4% egg yolk solids.

Sherbets have a milkfat content of between 1% and 2% and a slightly higher sweetener content than ice cream. Sherbet weighs a minimum of 6 pounds to the gallon

Sorbet and Water Ices are similar to sherbets, but contain no dairy ingredients

Frozen Yogurt consists of a mixture of dairy ingredients such as milk and nonfat milk which have been cultured, as well as ingredients for sweetening and flavoring.



Kansas 4-H Thriving Study - We Want to Hear From 4-H Members!

4-H gives kids unique hands-on opportunities to learn by doing and gain valuable life skills.

Kansas 4-H Thriving Study – We Want to Hear From 4-H Members!

In early June, Kansas 4-H will be conducting a 4-H Thriving Model evaluation. Members in grades 3 and up will be invited to participate in a survey to tell us about their experience in 4-H. The survey is designed to help Kansas 4-H understand how youth are thriving in 4-H. While the survey is optional, we would love to hear from every member.

Emails will be sent to the parent emails we have on file in 4-H Online with an electronic survey link. Parents will be asked to share the electronic survey link with their child(ren).

Here are some key things to know:

The goal is for the first survey to go out the week of June 9. Two reminders will be sent to all participants who have not completed the survey. The survey will close mid-July.

This data will help us share the impact of 4-H programs in Kansas. By responding, your child(ren) will help us tell the story of Kansas 4-H.

If you do not want your child(ren) to participate in this study, you can simply delete the message. There is no impact on 4-H programming, and Extension Agents will never know who completed and who did not complete the survey.

Direct any questions to Samantha Grant (samgrant@ksu.edu), Evaluation Consultant, or Sarah Maass (semaass@ksu.edu), State 4-H Program Leader, or 785-532-5800.

Thank you for supporting Kansas 4-H as we continue "To Make the Best Better!"

POINT OF ORDER!

Monthly Series

POINTS TO PRACTICE PARLIAMENTARY PROCEDURE

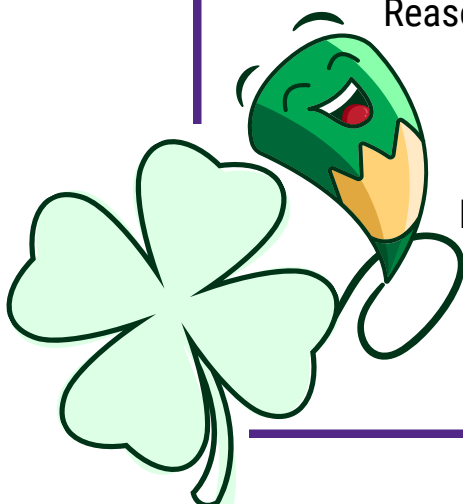
Tabling a Motion

Reasons to table a motion:

- ✿ Need **more information** to make an informed decision
- ✿ Need **more time** to think about and discuss the motion

How to table a motion:

- ✿ **Address** the chair
- ✿ **Move** to **table** the motion
- ✿ a **second** is required
- ✿ **Vote**



CLUB REPORTS | ANNOUNCEMENTS

FINNEY COUNTY 4-H: BEACON BOOSTERS

The June Beacon Booster meeting was called to order on June 24, 2024 at 6:02 p.m. by President Brayden. Roll call was "What is your favorite flavor of ice cream?" There were seven 4-her's and six parents present. May's minutes were approved as read. Treasurer and reporters report were given. Ambassador Taylor discussed upcoming fair dates and camping spots at the fair. She also discussed 4-H night at the Garden City Wind game. The club discussed the pulled pork and sausage fundraiser. The meat will be prepared in August. Paislea and Brock did their project talk on their horses and taught the club about showmanship. The next meeting will be July 15, 2024 at 5:30 p.m. The club will meet at Knoll Crop Protection for window painting. The meeting was adjourned at 6:33 p.m.

Taylor, Reporter

FINNEY COUNTY 4-H: Sherlock Strivers

The monthly meeting of the Sherlock Strivers 4-H Club was called to order on May 5th, 2024 at Holcomb Elementary School. The meeting was called to order by Vice President Layla.

There were four project talks given during the meeting. Cora taught the club how to make friendship bracelets out of beads and strings. The club learned how to make finger puppets out of pipe cleaners and googly eyes from Brantley. Makay demonstrated for the club how to tie wild rags into a rose. Kyson explained to the club how to make chocolate chip cookies and gave everyone present a cookie to eat.

Submitted by Kayla, reporter

FINNEY COUNTY 4-H HAPPY HUSTLERS

IA Wooly Program

By: Hailey

On June 9th the Happy Hustlers 4-H Club commenced their June meeting. On the program a pair of the Club's brothers demonstrated how to ready a lamb for a show, and how to care for a lamb's leg. The younger brother, Grayson, presented first. He did a demonstration on how to get a lamb ready the day before a show.

Grayson began showing the club how to wash a lamb, and explaining the products used. Grayson demonstrated the process of washing, blowing, and fitting. He explained that it is important to wash before sheering. It is necessary to wash before-hand so that the clippers don't get ruined. Everyone was highly engrossed in Grayson's demonstration. He did really well on showing his knowledge on the lamb species.

Right after his younger brother's presentation, Grady did a talk on how to care for a lamb's leg and hair. His talk was highly educational and showed off his extent of lamb knowledge. He began by explaining the chronological sequence of steps. Everyone loved being able to watch the two brothers. They demonstrated how fun and exciting livestock can be.

If you wish to participate in the lamb project, or any other livestock project, please contact the Finney County Extension Office. Maybe you'll enjoy it just as much as Grady and Grayson do.



YOUTH GARDENING PROGRAM

July 10, 2024
10:00 a.m. to 12:00 p.m.
Finney County Extension Office

Registration Form:
<https://forms.gle/VWnUq9RtHcaSVomx8>

K-State Research and Extension is an equal opportunity provider and employer.



Buffalo Tour

Come join us for a tour of the Buffalo provided by the Duffs!

Transportation will be provided if needed. Parents are welcome to come with their children! We will be meeting back at the Carpenter Building for a fun tasting opportunity!

If you are driving yourself meet at mile marker 124, which is north of town 18 miles on the west side of the highway!

JULY 3RD @ 9 AM



Please RSVP by clicking on this link and filling out the form! We only have 25 spots open!

Link:
https://docs.google.com/forms/d/e/1FAIpQLSeF8RtIP_qcBLK6RODSmVIHWrtv_exWbdiUPjINAmxPhGJVw/viewform

If you have any questions contact Tara Rose, Alivia Noll, or Matt Harkness
872-2930

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GOO TALENT & FASHION MOHS

Fashion Show
Talent & Tricks
Agility

JULY 16, 2024
6:30PM
WM Carpenter 4-H Building

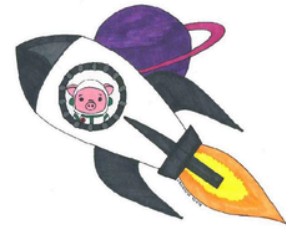
ENTRIES DUE BY JULY 3, 2024
SCOTT COUNTY EXTENSION OFFICE

4-H GROWS HERE



SCOTT COUNTY
FREE FAIR

July 20-27, 2024



Fair is
Out of This World



FINNEY COUNTY FAIR
PRESENTS
BARNYARD OLYMPICS
DOES YOUR BUSINESS HAVE WHAT IT TAKES TO COMPETE?
COME ON DOWN TO THE FAIRGROUNDS AND FIND OUT!!!

JULY 25, 2024
5:30PM

4 MEMBER TEAMS

\$250 ENTRY FEE

COMPETE IN 5 EVENTS

ALL PROCEEDS GO TO THE FINNEY COUNTY FAIR SCHOLARSHIP FUND
TEAMS REPORT 5:00PM TO THE EXHIBITION BUILDING, GAMES BEGIN AT 5:30PM

WINNING TEAM RECEIVES:

- TRAVELING TROPHY
- BRAGGING RIGHTS FOR A YEAR!

AWARD FOR GROWD FAVORITE!
JUDGING FACTORS INCLUDE:

- BEST TEAM NAME
- MOST CREATIVE UNIFORMS
- MOST FANS

REGISTER TODAY!





FINNEY COUNTY FAIR

SEW GROW SHOW IT!

2024 FAIR BOOK



4-H AMBASSADORS TURTLE RACES

When? Saturday, July 27, 2024

Registration starts at 2 p.m.

Entry fee: .50 cents per race

Where? The Showring

Guidelines

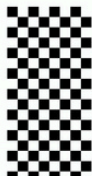
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For more information, contact the
Finney Co. Extension Office, (620)
272-6370



Finney County 4-H Ambassadors

Bake Sale

JULY 22ND, 2024 @ 1 O'CLOCK PM
EAST SIDE OF THE 4-H BUILDING



Special Olympics Goat Show Mentors

July 26th, 2024

Finney County
Ambassadors

Finney
County
Fairgrounds
- Show Ring

Mentors will:

- get to know olympians
- teach olympians about goats
- teach olympians how to show a goat

*mentors must be
12 years old or
older*

scan here to sign up



SPARENT

Showmanship
2024
Thursday 7:00 PM
July 25, 2024
Show Arena
Tickets \$10 per person
buy out \$20

Tickets will be sold all fair week up until after the swine show, find or contact an ambassador. Tickets are limited. Animals will not be provided they are competitors responsibility

Goats and Sheep will have a class along with pigs this year!