

WEST PLAINS EXTENSION DISTRICT

NEWSLETTER

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Welcome Our 4-H Intern Team, Liv, Tara, Adi and Baylee just finished up training, they are excited to bring back new activities and curriculum for this summer!



Piper J.
6-8 CATEGORY



OFFICE HOURS:
MONDAY - FRIDAY | 8 AM - 5 PM
FINNEY COUNTY OFFICE:
620-272-3670
SCOTT COUNTY OFFICE:
620-872-2930
OFFICE PROFESSIONALS:
COZETTA O'DEA & JESSICA LOPEZ



JANET HARKNESS
4-H & YOUTH DEVELOPMENT
JLP27@KSU.EDU



CAROL ANN CROUCH
DISTRICT DIRECTOR
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JENNIFER LASALLE
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TORI MOCK
4-H & YOUTH DEVELOPMENT
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UPCOMING DISTRICT EVENTS

SUMMER
2024

Print or screenshot this page to keep up to date with all of our upcoming activities!
(* indicates a pre-registration is required.)

JUNE

- 6/1: 4-H Horse Certificate's Due
- 6/5-6/7: **Discovery Day** (K-State Campus)
- 6/10-6/11: **Camp Lakeside**
- 6/12-6/14: **Camp Wild Adventure for 10-13yr olds**
- 6/15: **Registered Breeding Heifers & Breeding Gilt Papers in Exhibitor's Name**

JULY

- 7/15: KS State Fair Grand Drive Entries Due
- 7/22-7/27: Scott County Fair
- 7/22-7/28: Finney County Fair



Good Talent & Fashion

Fashion Show
Talent & Tricks
Agility

JULY 16, 2024
6:30PM

WM Carpenter 4-H Building

ENTRIES DUE BY JULY 3, 2024
SCOTT COUNTY EXTENSION OFFICE

4-H GROWS HERE



39th Annual
DR. BOB HINES
KANSAS SWINE CLASSIC

JULY 12-13, 2024
ENTRY DEADLINE: JUNE 24

CICO PARK • RILEY CO FAIRGROUNDS • MANHATTAN, KS
JUDGE: Scott Dean - Lisco, Nebraska

FRIDAY, JULY 12
8:30 a.m. — Barn open for arrival
Noon — All pigs in place
1 p.m. — Swine photo check-in by the showing
1 - 3 p.m. — Skillathon in the showing
4 p.m. — Ice cream party by the showing
5:30 p.m. — Showmanship contests

SATURDAY, JULY 13
8 a.m. — Prospect Pig Show followed by Market Pig Show
*All educational content awards will be presented on Saturday between the prospect and market shows.

SUPERINTENDENTS
Joel DeRouchey and Leslie Hayes
Kansas State University, Weber Hall
Manhattan, KS 66506 | 785-532-6533

Joel DeRouchey — 785-532-2280
Leslie Hayes — 785-532-1264
Katie Smith — 785-532-1267

HOUSING
Hotel information can be found at bit.ly/swineclassic.

ENTRY LINK:
bit.ly/swineclassic
ENTRY CHECK MUST BE
POSTMARKED BY JUNE 24, 2024
*Make check payable to Kansas Swine Club
*Include receipt from online entry with payment

SWINE SHOWMANSHIP
The showmanship contest will be open to any Kansas Swine Classic exhibitor. Swine exhibited in the showmanship classes must be owned by the showmanship exhibitor except for the Future K-Staters division in which a pig entered by a 4-H'er must be used. Showmanship will be divided into three divisions. Divisions will be determined by age as of January 1, 2024. Top 5 showmen in the Senior, Intermediate and Junior divisions will be presented with an award.

Senior Division — 15-18 years of age
Intermediate Division — 11-14 years of age
Junior Division — 7-10 years of age
Future K-Staters — Youth who are not exhibitors

MARKET SHOW AWARDS
Premiums will be given to the top half of each class.

Grand Champion Market Pig — \$150 plus buckle
Reserve Champion Market Pig — \$125
3rd Overall Market Pig — \$100
4th Overall Market Pig — \$75
5th Overall Market Pig — \$50

PROSPECT SHOW AWARDS
Premiums will be given to the top half of each class.

Grand Champion Prospect Pig — \$150 plus buckle
Reserve Champion Prospect Pig — \$125
3rd Overall Prospect — \$100
4th Overall Prospect — \$75
5th Overall Prospect — \$50

K-State Research and Extension is committed to providing equal opportunity for participation in all programs, services and activities. Program information may be available in languages other than English. Reasonable accommodations for persons with disabilities, including alternative means of communication (e.g., Braille, large print, audio tape, and American Sign Language) may be requested by contacting the event contact West Plains Extension four weeks prior to the start of the event at 620-272-3670/620-872-2930. Requests received after this date will be honored when it is feasible to do so. Language access services, such as interpretation or translation of vital information, will be provided free of charge to limited English proficient individuals upon request.

*Cover Headshot Photo Credit: AnneMarie Photography

FROM THE DESK OF THE DIRECTOR

Sound Living: Understanding hospice care

K-State extension specialist explains how hospice care can help the dying and their families

By Lisa Moser, K-State Research and Extension news service

MANHATTAN, Kan. — Just as newborns require a lot of care, so too do the elderly as they face their approaching death. For many, that care comes through a nurturing provider known as hospice.

"Hospice is a form of care that focuses on comfort, not healing," said Erin Martinez, K-State Research and Extension specialist on adult development and aging. "With hospice, we are helping people live out the end of their life with dignity to make the entire dying process be the best it can be."

Martinez said that a hospice team is comprised of many people, including doctors, nurses, aides, social workers and religious aids (for those who would like that counsel).

"This team of folks specialize in death and dying to make it a great experience for both the patient and the family," Martinez said. "These folks keep the patient comfortable and educate the family on the dying process." To qualify for hospice care, the patient must be diagnosed with a terminal illness that will allow them to live less than six months if the disease were to run its normal course, Martinez said.

She added that hospice care can be done in the person's home, or in a facility that feels like a home environment. "Hospice is a family-based decision, but it is up to the individual about how they want to experience the end of their life," Martinez said. To help families learn more about hospice care and the services available, K-State extension specialists have created a fact sheet titled, Understanding Hospice, available online from the K-State Research and Extension bookstore.

Martinez said: "When we reach the end of our life, death can be complicated for some and smooth for others. The goal of hospice is to make this an easier process for all."

-Carol Ann



SUM QUICK TIPS FOR MOSQUITOS



Applying an insect repellent when outdoors may help with controlling mosquito and tick bites. Repellents with DEET provide better coverage. Insect repellents with higher amounts of DEET in them do not necessarily provide better coverage, just longer. All products containing DEET provide exactly the same quality of protection against mosquitoes and ticks. The only real difference between a product with 15 percent DEET and one with 45 percent DEET is the length of time that it provides the protection.

The easy-to-find products with about 20 percent DEET give adults four hours of protection. That should be plenty for almost everyone. It's not recommended to use products with more than 33 percent DEET. Children are more sensitive than adults are to repellents, so parents must read and follow label directions exactly. Mosquito repellent that doesn't contain DEET is not as effective. Please make sure that you use a DEET based product if you will be in an area that is heavy with mosquitoes. Also, wash the repellent off once you go indoors.

When applying sunscreen and a DEET-based repellent at the same time, sunscreen's effectiveness can be reduced by as much as 33 percent. More frequent sunscreen applications may be necessary to prevent painful sunburns. If applying both at the same time, always apply your sunscreen first then then repellent. It is not recommended to use a product that combines insect repellent containing DEET and sunscreen. Repellents usually do not need to be reapplied as often as sunscreen.. Always follow the instructions on the label of whatever product you are using.



There are many projects that 4-Hers can enroll in and learn some basic family and consumer science skills. One of those projects is fiber arts. The fiber arts project embraces the skill of crocheting, macramé, embroidered and quilting. Fiber arts is defined as the practical skills passed down from preceding generations that were developed to provide basic family needs, such as apparel, home furnishings or decorations. Some Finney County 4-Hers have been busy learning the art of quilting. Seventeen youth participated in the quilting workshop offered by Family and Community Wellness Agent, Jennifer LaSalle. The youth have made the quilt “Nine Plus One”. They have learned how to coordinate fabric, handle the sewing machine, cutting, pressing, and many other quilting skills. It was a fun week working with the youth and watching them grown everyday with their skills. The impression on their faces with the finished project was priceless. Thanks to my volunteers, Karen Roth, Kerry Unruh, and Robin Wolking. The youth could not have made their quilts without your help. Hopefully, you can view their quilts at the Finney County Fair.





Kansas 4-H Thriving Study - We Want to Hear From 4-H Members!

4-H gives kids unique hands-on opportunities to learn by doing and gain valuable life skills.

Kansas 4-H Thriving Study – We Want to Hear From 4-H Members!

In early June, Kansas 4-H will be conducting a 4-H Thriving Model evaluation. Members in grades 3 and up will be invited to participate in a survey to tell us about their experience in 4-H. The survey is designed to help Kansas 4-H understand how youth are thriving in 4-H. While the survey is optional, we would love to hear from every member.

Emails will be sent to the parent emails we have on file in 4-H Online with an electronic survey link. Parents will be asked to share the electronic survey link with their child(ren).

Here are some key things to know:

The goal is for the first survey to go out the week of June 9. Two reminders will be sent to all participants who have not completed the survey. The survey will close mid-July.

This data will help us share the impact of 4-H programs in Kansas. By responding, your child(ren) will help us tell the story of Kansas 4-H.

If you do not want your child(ren) to participate in this study, you can simply delete the message. There is no impact on 4-H programming, and Extension Agents will never know who completed and who did not complete the survey.

Direct any questions to Samantha Grant (samgrant@ksu.edu), Evaluation Consultant, or Sarah Maass (semaass@ksu.edu), State 4-H Program Leader, or 785-532-5800.

Thank you for supporting Kansas 4-H as we continue "To Make the Best Better!"



K-STATE
Research and Extension
Integrated Pest Management



INCOGNITO
INSECTS IN DISGUISE
2023

ART CONTEST WINNERS

<p>Kindergarten – 2nd 1st Place: JemmaLyn S. 2nd Place: Madison F. 3rd Place: Grant H & Nola K.</p> <p>Most Colorful: Taylyn L. Most Creative: Bo B. Most Realistic: Boaz T.</p>	<p>6th – 8th 1st Place: Bella B. 2nd Place: Josiah T. 3rd Place: Lillie D.</p> <p>Most Artistic: Piper J. Most Colorful: Jensen A. Most Creative: Tyler M. Most Realistic: George D.</p>	<p>Adult 1st Place: Sue M. 2nd Place: Kari R. 3rd Place: Cheryl D.</p>
<p>3rd – 5th 1st Place: Meilyn N. 2nd Place: Shri Sai V. 3rd Place: Delaney S. & Emmy C.</p> <p>Most Artistic: Clara M. Most Creative: Jolee B. Most Realistic: Wyatt S.</p>	<p>9th – 12th 1st Place: Makenna H. & Zoie P. 2nd Place: Ava S. & River H. 3rd Place: KayLynn Y.</p> <p>Most Artistic: Ginny B. Most Colorful: Hyejung W. Most Creative: Marissa H. Most Realistic: Emily F.</p>	

POINT OF ORDER! *Monthly Series*

POINTS TO PRACTICE PARLIAMENTARY PROCEDURE

Discussion

When **discussing** a motion ...

- ✿ Wait your turn
- ✿ **Address the Chair** before speaking
- ✿ **Politely** and **professionally** state your opinion
- ✿ Allow others to state their opinions



CLUB REPORTS | ANNOUNCEMENTS

FINNEY COUNTY 4-H: BEACON BOOSTERS

The Beacon Booster meeting was called to order on May 21, 2024 by President Brayden. Roll call was "What is your favorite day of the week?" There were seven 4-Hers and five parents present. The club discussed window painting for the fair. Ambassador Taylor asked the club what kind of project videos they would like to see this year. The club also discussed their fundraiser and decided that their fundraiser would take place in August. The club decided to go to Escape the Clock in September for an end of the year party. Adam did a project talk on the history of Legos. May birthdays were celebrated. The club set the following meeting dates: July 15, 2024 (window painting, meeting to follow) and August 17, 2024 (fundraiser and meeting). The next Beacon Booster meeting will be held on June 24, 2024 at 6 p.m. The meeting will take place at the Wolking's barn.

Taylor, Reporter

FINNEY COUNTY 4-H: Sherlock Strivers

The monthly meeting of the Sherlock Strivers 4-H Club was called to order on May 5th, 2024 at Holcomb Elementary School. The meeting was called to order by Vice President Layla.

There were four project talks given during the meeting. Cora taught the club how to make friendship bracelets out of beads and strings. The club learned how to make finger puppets out of pipe cleaners and googly eyes from Brantley. Makay demonstrated for the club how to tie wild rags into a rose. Kyson explained to the club how to make chocolate chip cookies and gave everyone present a cookie to eat.

Submitted by Kayla, reporter

FINNEY COUNTY 4-H HAPPY HUSTLERS

It's May!

By: Hailey

The Happy Hustlers 4-H club had their monthly meeting for this May. They had six members present, and livestock showers who had entered show after show. There is always something new, this includes the program. Kealie was up first on the program, she showed the club how to make cheerio bars. Mixing the Cheerio's and peanut butter mix was difficult, but it was all worth it. You have to wait about 10 minutes for the mixture to cool and set. It felt like the longest 10 minutes ever, but it was so amazing to taste the bars.

Audrey showed everyone how to make a Bunny Sack out of a paper bag. It was adorable! The Bunny even had a little white cotton ball tail! Audrey blew everyone away.

Mason, the song leader, led the club in Row-Row-Row-Your-Boat, and then sang Happy Birthday to members Grady and Audrey.

For recreation, Perry divided the club into 2 teams to play Frisbee Tag. Some of the parents feared for their lives. Well, at least for their faces once the Frisbees started flying. 2 teams+5 Frisbees= CHAOS!!! But, Kennan's team quickly dominated the game and had the most kids standing by the end.

May IS here.

Finney County Fair Schedule 2024 Draft

Tuesday July 9		Wednesday July 24	
Entries Due for Clothing Construction/ Baymanship		Sheep Show - Show Barn	8:00 AM
		Rabbit Show- Rabbit Barn	9:00 AM
		Poultry Show- Rabbit Barn	10:00 AM
		Goat / Sheep Fitting Contest	2:00 PM
		KPRA Rodeo	7:00 PM
Tuesday, July 16		Thursday, July 25	
Entries Due for Livestock and Static Exhibits		Swine Show - Show Barn	8:00 AM
Judging - Sewing Textile Design & Shopping in Style	8:30 AM	Business Olympics	5:30-6:30 PM
Fashion Revue- 4-H Building	7:00 PM	Parent Showmanship	7:00 PM
Thursday, July 18		Friday, July 26	
Judging Interior Design & Architecture		1:00 PM Goat Show- Show Barn	8:00 AM
		Special Olympics Goat Show	2:00 PM
		Supreme Showmanship - Show Barn	6:00 PM
Friday, July 19		1:30 PM Public Feed	6:30 PM
Judging Communications		Steven Bankey Band	7:00 PM
Saturday, July 20		Saturday, July 27	
Horse Show - Blue Barn	8:00 AM	2:00 PM Premium Auction Breakfast -	7:30 AM
Registration Pet Show	2:30 PM	Premium Auction	8:15 AM
Pet Show		Heal In Axes	10:30-7:30 PM
Gates Open	6:00 PM	Saints of Fun	10:30-7:30 PM
Mike Ryan / Josh Abbott Concert	7:00 PM	Community Carnival	10:30-7:30 PM
Sunday, July 21		Battle of the Chiefs Dunk Tank	12:00 PM
Open Class Static Entries - 4-H Building	5:00 - 7:00 PM	Quilts of Valor - Exhibition Building	1:30 PM
		Turtle Races Registration- Show Arena	2:00 PM
Monday, July 22		Turtle Races - Show Arena	2:30 PM
All Static Entries Check In	8:00 AM	Kids Tractor Pull Registration	3:00 PM
Consultation Judging - Foods, Photography, visual arts	8:00 AM	Kids Tractor Pull	3:30 PM
Open Class Static Entries - 4-H Building	10:00 AM - 1:12 Tractor Pull- Grandstand		5:00 PM
All Other Judging	1:00 PM	Sunset Dance & Social	7:30 PM
4-H Foods Bake Sale - 4-H Building	1:00 PM		
Beef Check In & Weigh In	7:00-9:00 PM	Sunday, July 23	
Tuesday, July 23		4-H Sunday- Breakfast	8:30 AM
Vet Check - Goats and Sheep	7:30-9:30 AM	4-H Sunday - Church	9:00 AM
Swine Check In- Small outdoor livestock scale	7:30-9:30 AM	4-H Static Awards	10:00 AM
Sheep Check In- West Pavilion	8:30-10:00 AM	All Animals and Static Entries Released	11:00 AM
Goat Check In- West Pavilion	10:30-12:00 PM		
Rabbit / Poultry Check In- Rabbit/Poultry barn	10:00-12:00 PM		
Bucket Calf Constellation Judging	3:00 PM		
Beef Show	6:00 PM		

** Times subject to Change

