

Hearty Bean Soup Mix

Ingredients:

1/4 cup beef bouillon granules	1/4 cup dried onion flakes
1/2 cup green split peas	2 tsp. Dried italian seasoning
1/4 cup pearled barley	1/4 cup uncooked long-grain white rice
1/4 cup dry lentils	2 bay leaves
1/3 cup red kidney beans	1/2 cup uncooked small, dry pasta

DIRECTIONS:

In a standard Mason jar, layer the bouillon, split peas, pearled barley, lentils, kidney beans, onion flakes, Italian seasoning, rice, bay leaves and pasta. Seal tightly.

To give as a gift, attach a small card with the following instructions...

To make the soup:

Ingredients

- 1 pound ground beef or chuck roast, cubed
- 1 teaspoon kosher salt
- 1/2 teaspoon freshly grated pepper
- 1/4 teaspoon garlic powder
- 1 tablespoon olive oil
- 1 (14.5 ounce) can diced tomatoes
- 1 (14.5 ounce) can tomato sauce
- 2 1/2 quarts water
- 1 batch dry soup mix

Directions

Pat dry the ground beef or chopped chuck roast, then coat with salt, pepper and garlic powder.

Heat olive oil in a large pot over medium-high heat. Add beef and cook until no longer pink, 5-6 minutes. Add diced tomatoes, tomato sauce, water and soup mix. Bring to a boil then reduce heat to low. Cover and simmer for 1 hour, or until the pasta, peas, lentils, beans and barley are tender.

Enjoy